

Menu 5 of 5 Date: \_\_\_\_\_

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>					
Grain/Bread	Malt-o-meal	French toast	Blueberry muffin	Life cereal	ww English muffin
Fruit/Veggie	Mandarin oranges	strawberries	Apple sauce	banana	nectarines
Milk	milk	milk	milk	milk	milk
<b>Lunch</b>					
Grain/Bread	croissant	ww Dinner roll	Hot dog bun	ravioli	noodles
Meat/Meat Alternate	Chicken salad	Roast beef	Hot dogs	cheese	chicken
Fruit/Veggie #1	broccoli	Baby carrots	HM French fries	spinach	peas
Fruit/Veggie #2	cantaloupe	Green grapes	peaches	pineapple	pears
Milk	milk	milk	milk	milk	milk
<b>AM Snack</b>	Plum	Biscuit w/jelly	Celery	French bread	Potato salad
Select 2 components	Rice cakes	milk	Peanut butter	watermelon	triscuits
<b>PM Snack</b>	ww bread	Tortilla	Baked potato	Fresh fruit smoothie(banana, strawberries, pineapple)	Cornbread
Select 2 components	Cole slaw	Chili beans	cheese	yogurt	milk

Whole milk will be provided for children 1-2 years of age and 1% milk will be provided for all children over the age of 2.

Water is offered with all meals.

All juices served are 100% fruit juice.

This institution is an equal opportunity provider